

**Eagle Creek Nature Notes**  
**Transcript for Episode 0: Trailer**  
**Welcome to Nature Notes – the podcast from Eagle Creek Park**

**John Pankhurst:** Welcome to Eagle Creek Nature Notes, the audio series created to help you plan your next adventure to Eagle Creek Park in Indianapolis, Indiana.

I'm John Pankhurst, Director Emeritus of the Eagle Creek Park Foundation. Eagle Creek Park is one of the largest municipal parks in the country with 1,400 acres of water and 3,900 acres of land, lots of water, lots of sky and lots of trails.

How can you get the most out of your next visit to the park? In this free series of podcasts you will be guided by park experts seeking to help you plan your next visit or multiple visits so you don't miss anything.

Do you know that there are eight miles of new trails on the west side of Eagle Creek Park? Do you know what endangered species live in the park or why Eagle Creek Park is so popular with birders?

You'll get answers to these questions, park history, and so much more. In this audio series, you can learn about the history of the west side of the park.

What's the story behind the Big Bear sculpture? Where did it come from? Who used to live here? The natural history of the park? Learn about the different habitat types found within the park along with the rare and endangered species that call Eagle Creek home.

The All Person Trails. What is the All Person Trail? Mindfulness hike. This is an immersive experience as you hike the trail.

Spring and fall bird migration. This is your chance to learn why Eagle Creek Park is an Audubon important bird area.

Learn what birds you can see during migration and when. There is an episode on why the West Side Trail was designed to minimize disturbance to the animals and plants, while allowing as many walkers and runners as possible to enjoy this wonderful natural area.

As previously stated, these podcasts are free. New episodes will be released as they are completed. Subscribe or follow the podcast in Apple Podcasts, Spotify, Audible or wherever you listen to podcasts so that new episodes will be delivered to you as soon as they are available.

To see full episode transcripts and to learn more visit [eagelcreekpark.org](http://eagelcreekpark.org)